



## Access Training for EBMC Teachers: Scenarios to Role Play

March 13, 2017

Instructions: Your triad (group of 3) will have around 15 - 25 minutes for these role plays. Go to Jess or Mushim if you get stuck or have burning questions.

- (a) Each person in the triad gets to choose one of the scenarios.
- (b) You can choose the same scenario or different ones.
- (c) When you choose the scenario, you role play the EBMC teacher.
- (d) Each person has 5 minutes total to role play the scenario they choose and receive feedback from the other people in their triad.
- (e) If you complete the first round, each person choose a different scenario and role play.

### Scenarios:

1. A Sangha member, who is in the class you are teaching, comes up to you and says that there is a scented person in the class. What you do?
2. Practice how you would begin meditation instructions or the guided meditation you are offering, using access-centered language.
3. Practice opening a session of “walking” meditation with access-centered language and variation(s) for people who cannot walk or who cannot walk slowly.
4. What would you say from the teaching seat if you notice there are backpacks, beverage containers, and notebooks strewn in the mobility aisles of EBMC’s main temple space?