

EBMC Teachers Sangha Meeting May 7, 2018  
Meeting One-on-One with EBMC Dharma and Spiritual Students / Mentees  
Workshop with core teacher Mushim Ikeda

## **Meeting one-on-one with EBMC students for Dharma study mentoring and (general) spiritual practice / meditation mentoring**

Discernment: are there requests for 1-on-1 mentoring I wish to / should say "no" to? (Am I sexually attracted to this student? Am I prejudiced against this student?)

Guidelines for structuring the meeting: how long will the meeting be?

Guidelines for structuring the meeting: fee or dana arrangements

Keeping records

Confidentiality agreements with students/mentees

Ethical considerations and boundaries (reminder of Teacher Ethics Agreements we've all signed)

Referring students / mentees as needed: if people might need psychotherapy, somatic therapy, or some other healing modality in addition to or instead of spiritual mentoring from you

Do I feel adequately prepared to recognize and safely address signs of trauma or posttraumatic stress in a student? How might I help the student to build their resilience to societal oppression and individual abuse?

What are my legal obligations and ethical responsibilities (they might not be exactly the same) if a student or mentee expresses suicidal and/or homicidal ideation or intent?

Questions and related topics you might want to explore further after tonight's workshop: