

EBMC Teacher Sangha NOTES, Monday - May 7th, 2018 6-9p

ATTENDANCE: intro question, what was a favorite childhood game?

Sierra - living room forts,

Candi - "school"

Mushim - "army"

Marlena - "horse"

Deb - climbing trees

Jonathan - "Marvel superhero"

Jenn - mechanical boat with talkie radio

Art - "washing machine box - fort"

Arisika - swinging in the park / ping pong

Jess - "mermaid in the pool"

Ann - "fallout shelter"

Tova - "bus/train"

Jessy - "dinosaur"

Patrick - "hot lava" (don't touch the floor)

Chin - "pick up the chopstick"

Nils - "fashion shows" & kleenex design for Barbie attire

Baruch - "carnival" games

David - dodgeball

Donald - kickball

Melvin (arrived late, 7ish pm & missed intro game)

ANNOUNCEMENTS:

Center announcements: Candi

- STAFF newest addition - Irene Ross, administration and facilities coordinator (administration = Development administration specifically)
- DHARMATHON 5/12, raised \$16,112 - still have 8,888 left to raise
- Completed our STRATEGIC PLAN, event 6/2 evening

Dana talk: Sierra - dana going to Mushim for tonight

LSangha report back: Jenn

- EBMC has been two years without an Exec Director. Jenn has learned that Shared Leadership can “get messy” and we need to celebrate “the mess”. We are working with AORTA (Anti Oppression Resource and Training Alliance) in our Shared Leadership. Patrick and Masharika are our newest Leadership Sangha members. EBMC has been sold - we have a Shared Leadership Sub Committee dedicated to exploring the potential of having a new space. This is an important process for us in response to gentrification.
- RE: Practice Group Coordinators. There is a Feedback Form that is passed around so that Practice Groups can received direct feedback - “how do we give and receive feedback at EBMC?” ... interested in offering a training to the Sangha.
- RE: RJ Sangha, “how do we name conflict & unskillful behavior as it happens?” offered again this friday 5/11, 10a-4p, Jonathan offered review, “inviting a conversation around conflict with warmth, gentleness & fearlessness”. Debb Kerr has offered “that it will help on so many levels with leadership, on so many levels, not just conflict resolution.”

Q+A:

David: Q - will the RPDP be recorded and offered on the website somehow?

Jenn: My guess is that probably not, due to the vulnerability and confidential nature of this class.

Baruch: Q - How do people give feedback from Teen/Family sangha?

Mushim: contact admin/PC and it will be considered confidential & forwarded to the right party

Candi: including Family/Teen in surveys/feedback

David: Q - regarding Strategic Plan as it pertains to the Teacher Sangha?

Mushim: A - There will be an Executive Summary of the plan

Jenn: A - Buddhist and Mindfulness Training Programs in SP and Gift Economics, pg 10-12. ([EBMC Strategic Plan Final Draft pdf](#))

Jessy: Q - How long is our current lease for?

Mushim: A - October 1, 2022

MUSHIM - Meeting One-on-One with Dharma and Spiritual Students / Mentees

Follow-up / action items / questions for Programming Committee:

- Upload mentoring documents from this workshop to the teacher resource website (<https://teacherweb.eastbaymeditation.org>)
- Check for suicidality reference documents from Melvin's daylong/training in teacher resource website
- Note interest in consolidating RESOURCES for mental health, alternatives to police, community response, psychotherapist/practitioners familiar with trauma, pursuing bio-chemically support in addition to psychotherapy
- Note interest in a checklist for students/mentees to review when pursuing spiritual guidance
- Mushim uses a set of guidelines for PiTA, should we request for a copy to share with teacher resource website? [from Mushim: Probably won't be useful, since purpose of the PiTA program is secular mindfulness training for social justice activists, and the one on one sessions are used for program members to demonstrate that they can give instruction in mindfulness meditation; however, in addition, they have the opportunity to ask practice questions]

Small group / triad practice exploring real-life 1-1 teacher-student scenarios

Large group report back / open discussion

Sierra: CLOSING

SHARING/REMINDER Teacher resource web page link & next meetings dates:

- Wednesday, Aug 15: 6-9pm
- Saturday, Nov 17: 10-1pm

CIRCLE GO-ROUND with each person sharing a word / phrase they're taking home from this exploration of practice with Mushim's teachings, community wisdom.

Mushim & Patrick: Dedication of Merit & group clean up.